



## Patient Pre-implant Instructions

You have elected to receive a Contura Multi Lumen Balloon implant to deliver partial breast irradiation. The following information has been provided to SenoRx from physicians who have experience with Contura. However, please consult your physician for their specific instructions regarding pre-implant recommendations.

For your safety and comfort, please consider the following:

1. ***Show or take a bath the night before or the day of your scheduled implant.*** You will NOT be allowed to shower or immerse the catheter in water once the catheter is implanted due to the risk of infection. You will be allowed to take a sponge bath around the catheter and you may sit in a tub waist deep to bathe but you should not immerse your entire body in water.
2. ***Eat a normal but light meal.*** If you are scheduled to receive the implant in your surgeon's office, eat a normal meal. You will receive a local anesthetic and will not be placed under general anesthesia. It is always a good idea to check with your doctor first.
3. ***Wear a button down shirt to your scheduled implant.*** Most patients find it more comfortable to wear a button down shirt to the appointment to get dressed and undressed easily.
4. ***Wear a bra for support.*** If possible wear a bra that is one size larger than you normally wear because the catheter dressing will add bulk. Do not wear an underwire bra as the wire sometimes cuts into the catheter.
5. ***Have someone drive you to the implant if possible.*** Although the implant generally is a quick and simple procedure and many patients are able to drive to and from their implant procedure alone, you may feel anxious or nervous and may take comfort knowing someone else can drive you to your procedure. Check with your doctor regarding any effects of local anesthetic and any associated impact on driving.
6. ***Take your antibiotic the morning of your procedure if your surgeon has prescribed one for you.*** You will need to take the antibiotic throughout the entire time the catheter is in.