



Patient Post-implant Instructions

You have received a Contura Multi Lumen Balloon for partial breast irradiation. The following information has been provided to SenoRx from physicians who have experience with Contura. However, please consult your physician for their specific instructions regarding post-implant recommendations.

For your safety and comfort, please consider the following while the catheter is in:

1. ***You may feel sore after the local anesthesia wears off.*** You may need to take an over the counter pain medication to ease the soreness, but most patients do not require any further pain medication.
2. ***You may feel heaviness in the breast with the implant.*** Most patients find that wearing a supportive bra throughout the course of therapy is helpful, even during the night as you sleep. Wear a bra one size larger than you normally wear because the dressing can be bulky. Some patients find that a bra with a front hook is helpful in getting dressed.
3. ***You may see some pinkish fluid drain around the catheter and soak your dressing.*** This is perfectly normal. The drainage may be heavy the first two days but should get lighter throughout the course of therapy. Prior to each radiation treatment, your therapist will take a quick picture to make sure the balloon is still intact.
4. ***Change the dressing around the catheter each day.*** If you are scheduled to see your radiation oncologist each day, the nurse will change your dressing for you. However, if you have the catheter in over a weekend or a period of time when you will not visit your radiation facility, you will need to change your dressing once daily to reduce the risk of infection. Your surgeon's nurse or your radiation nurse will provide you with detailed instructions on how to change your dressing. Be sure to let your doctor know if you need home health care to change your dressing over a weekend if you do not have anyone to help you.
5. ***Take your antibiotic everyday if your doctor has prescribed one.*** Be sure to let your doctor know if you are allergic to any type of antibiotics or if you are on other medications that may interfere with the antibiotic.
6. ***Do not shower or immerse the catheter in water during the entire treatment time.*** You may sponge bathe around the catheter or sit in a tub waist deep but do not get the catheter wet as this will increase your risk of infection.
7. ***Try not to sleep on the side of your implant.*** Many patients prop a pillow under their back to prevent rolling on to that side.
8. ***Take it easy!*** You should not perform any heavy lifting or any rigorous activity like jogging.